

August 2021

# HOMEgrown



## Southbridge Pinewood

2625 E Walsh St. Thunder Bay ON, P7E 2E5

“The Homegrown Newsletter” was designed to inform residents, family, friends and staff of home news, updates, and fun facts.

To submit information or ideas please contact Suzanne Nuorala (Recreation Manager) at 577-1127 Ext. 228 or email at [snuorala@southbridgecare.ca](mailto:snuorala@southbridgecare.ca)

**HAPPY  
BIRTHDAY**

Margaret A, Estelle K, Mabel M, Robert O, Katie P, Joan S, Barbara S, and Antonina T.

Help us celebrate these amazing residents throughout the month and during the RHA Birthday celebrations. Wishing you all a wonderful Birthday!!

### Management Updates:

- On June 25<sup>th</sup> we said goodbye to Sylvain Marion as Food Service Manager for almost the past year and a half. We wish Syl all the best in his future endeavours, and we welcome former FSM Judy Pedron back to Pinewood!

- We welcomed Frantsiska Zigah on July 5. Fran will be responsible for supporting the IPAC programs within our Thunder Bay and Kenora Southbridge homes

We are very happy to have Fran's experience from most recently the Canadian Red Cross and she holds a Masters in Public Health (MPH), certification as a Project Management Professional (PMP), and she is currently completing her certificate in infection prevention and Control from Queens University.

### Resident Bill of Rights

#### #23 Personal interests

“Every resident has the right to pursue social, cultural, religious, spiritual and other interests, to develop his or her potential and to be given reasonable assistance by the licensee to pursue these interests and to develop his or her potential.”

#### #24 Written policies

“Every resident has the right to be informed in writing of any law, rule or policy affecting services provided to the resident and of the procedures for initiating complaints.”

### Next Zoom Family Town Hall Meeting

**Date:** August 12, 2021

**Time:** 130pm - 200pm

<https://extendicare.zoom.us/j/4819279467?pwd=RmQrS1RqY1BPbGFGZXluOVY1NStlZz09>

**Meeting ID:** 481 927 9467

**Passcode:** 903791905

### Resident Council & Food Committee

#### Meetings

**Resident Council:** Tuesday August 10<sup>th</sup> in resident specific home areas. **Food Committee** will take place following Resident Council. Please see activity calendar for meeting times.

## Covid-19/Home Updates:

- **Vaccination Rates:** Vaccinated Residents – 98% fully immunized, 2% declined. Staff – 88% 1<sup>st</sup> dose; 84% 2<sup>nd</sup> dose.
- In collaboration with Thunder Bay District Health Unit to discontinue use of the plexiglass barriers in the dining rooms and returned four (4) residents to the table instead of two (2). Dining rooms have now returned to full capacity.
- The limit of two designated caregivers per resident is removed. Processes to designate persons as caregivers continue to be in place. Jessica Gilbertson Resident Services Coordinator at ext 225 manages these registered caregivers. Please ensure your vaccination receipts for full vaccination are provided to the home (as no eye protection is required for those fully immunized visitors).
- Due to limited space, we ask that up to 10 people at a time can come for an outdoor visit. Continue to book outdoor visits with Rec at x245. \*As space is limited for large groups-please feel free to use the green space surrounding the home where possible.
- All residents may have up to 2 general visitors and 2 caregivers at a time for an indoor visit. Indoor visits is not restricted to the resident's room however we ask that visits occur on the resident's home area for cohorting as much as possible.
- Indoor visits: All unvaccinated visitors must wait for a negative rapid test before proceeding to the home area and wear eye protection. Whereas, the registered essential caregivers will comply with the required swabbing frequency and if fully vaccinated, do not require eye protection. The home will provide identification badges for our ECGs and/or General visitors.
- Personal care services, such as those provided by hairdressers/barbers, are permitted. Our hairdresser Judy is now accepting appointments. Residents and/or families can notify a staff on their designated RHA to be added to the sign up sheet.
- Cohorting of residents can be relaxed during outdoor activities.

## Hospice Northwest Volunteers



If you or someone you know is looking for a companion, grief support or end of life services please contact Hospice Northwest's website at: [www.hospicenorthwest.ca](http://www.hospicenorthwest.ca) or call (807) 626-5570

### Visiting Pets



We are so excited to announce that pets can once again visit with our residents both indoor and outdoors. Please note that all pets are required to have the following:

- Up to date immunization records which can be provided to Janina Gladish (Volunteer Coordinator, or Suzanne Nuorala (Recreation Manager).
- An information Sheet is available at the front desk.

### IN MEMORIAM



*Dan Mihalik*

*July 20, 1958 - June 15, 2021*

*Edna Edmonds*

*March 9, 1919 - June 18, 2021*

*Stella Fedori*

*June 17, 1923 - June 27, 2021*

*Edith Black*

*October 30, 1924 - July 1, 2021*

***Age is an issue of mind over matter. If you don't mind, it doesn't matter.***

***-Mark Twain-***