
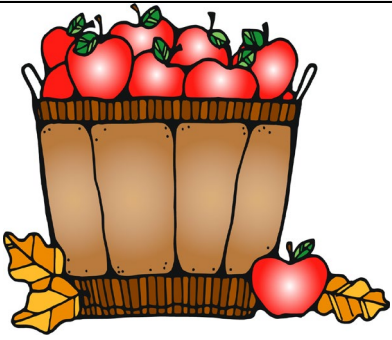



# (Blue Heron) September Activities Calendar 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	AM: Morning Program AFT: Afternoon Program EVE: Evening Program HBCY - HB Court Yard SPCY – SP Court Yard FY – Front Yard Patio – 2 <sup>nd</sup> Floor		1 AFT: Balloon Badminton AFT: Pinecone Owl Craft EVE: Day Board Decorating  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	2 AFT: Exercise Class AFT: Bake Your Own Pie EVE: Giant Crosswords  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	3 AM: Balloon Badminton AM: Outdoor Games AFT: Prize Bingo AFT: Hand Massages at the Spa  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	4 AM: Men's Coffee Club AM: Fall Decorating <b>2:00 Outdoor Concert with Lorrina - Gazebo</b>  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>
5 AFT: Hymn Sing/Church (Lutheran Service) AFT: Sunday Sundaes EVE: Knitters/Sewing Club  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	<b>6 Labour Day</b> AM: Balloon Badminton AM: Bake Your Own Pie AFT: Prize Bingo  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	<b>7 Back to School</b> <b>2:00 Daylin James – Gazebo</b> AFT: 1:1 Bedside Activities EVE: Back to School Pop Quizzes & Prizes  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	8 AM: Ball Drumming AM: Manicures 2:00 Music with Lorrina  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	9 AFT: Exercise Class AFT: Outdoor Walks & Fall Scavenger Hunt EVE: Calendar Planning  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	10 AFT: Balloon Badminton AFT: Carpet Bowling EVE: Cribbage/Games  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	11 AFT: Current Events & Coffee AFT: Name That Tune  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>
12 AFT: Hymn Sing/Church (United Service) AFT: Fall Photo Shoot  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	13 AM: Exercise Class AM: McDonald's Coffee Club AFT: Men's Woodworking  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	14 AM: Ball Drumming AM: Manicures AFT: Sports Trivia AFT: Dementiability Program  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	15 AM: Balloon Badminton AM: Sunflower Craft AFT: Karaoke Pub Party AFT: Resident Choice Activity  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	16 AFT: Exercise Class 2:00 Yoga with Colleen EVE: Prize Bingo  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	17 AM: Balloon Badminton <b>12:00 Fall BBQ – RHA's</b> AFT: Carpet Curling  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	18 AM: Spiritual Devotions & Coffee AFT: Jeopardy Wall Game EVE: Tongue Twisters & Joke Night  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>
19 AM: Hymn Sing/Church (Presbyterian Service) AM: Fall Outdoor Walks AFT: Traveling Milkshakes  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	20 AM: Exercise Class AM: Herbal Tea & Gratitude Game AFT: Fall Craft  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	21 AM: Ball Drumming <u>10:45 Resident Council Mtg.</u> AFT: Flyer Price is Right  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	22 AM: Balloon Badminton AM: Manicures <b>2:00: Birthday Celebration Music with Lorrina – Virtual</b>  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	23 AFT: Exercise Class AFT: Prize Bingo EVE: Patio Clean Up  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	24 AM: Balloon Badminton AM: Magazine Scavenger Hunt AFT: Local Farmers Market Treat Cart  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	25 AFT: Famous Duo's Game and Afternoon Treat AFT: Dementiability Program  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>
26 AM: Hymn Sing/Church (Roman Catholic Service) 12:00 Take Out Lunch (Resident Choice) AFT: Fishing Game  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	27 AM: Exercise Class <b>11-1 Corn Roast Sale - GP</b> <b>1:30 Community Outing</b> (Resident Choice) EVE: Traveling Apple Cider  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	28 AFT: Ball Drumming AFT: Traveling Chocolate Turtle Apple Slices EVE: Google Earth Armchair Travel Program  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	29 AM: Balloon Badminton AM: Manicures AFT: Popcorn & a Movie EVE: Card Bingo  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>	30 AFT: Exercise Class AFT: Creative Writing EVE: Calendar Distribution & 1:1 Visits  <i>(Daily Outdoor/Facetime Visits &amp; 1:1's)</i>		Due to the Covid-19 pandemic recreation programming is limited and subject to change. Please see RHA recreation staff daily for updates.

