

September 2021



Regency Retirement Community

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 			1 10:00 Baking Group 1:30 Artist Impressions 	2 10:15am Current Events DR 1:30pm Chair Exercise	3 8:00am Breakfast Club 10:30am Tuck Shop DR 1:30pm Bingo	4 10:00am Manicures DR 1:30pm Movie
5 10:00am Church Service DR 1:30pm Bingo DR 3:00pm Refreshment Break	Labour Day 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Horse Race Game DR	7 10:15am Craft Group DR 1:30 pm Chair Exercise DR 	8 10:15 Walking Group DR 1:30 pm Bingo	9 10:15am Tim Horton's Coffee & Donuts 1:30PM Stretch & Strengthen DR 	10 8:00am Breakfast Club 10:30am Tuck Shop DR 1:30pm Mystery on Board - Audience Participation Story DR	11 10:00am Coffee/Juice Break 2:30pm Movie
12 10:00am Church Service -TV DR 2:30pm hymn Sing 3:00pm Refreshment Break	13 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Prize Bingo DR 	14 10:15am-Crockpot Cooking DR 1:30pm Wet T-Shirt Contest (outdoors, weather permitting)	15 10:15am Baking Group DR 2:00 Entertainment with Sue & Greg outside on the patio	16 10:15am Coffee & Chat DR 1:30pm Chair Exercise	17 8:00am Breakfast club 10:30am Tuck shop 2:00pm Birthday Social DR 	18 10:00am Coffee & Juice Break 1:30pm Movie first floor
19 10:00am Church Service-TV DR 1:30pm Bingo DR 3:00pm refreshment Break	20 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Gratitude Day DR	21 International Peace Day 10:15am Craft Group DR 1:30pm Peace Day Program 	22 10:00am Walking Group DR 2:00pm Sing a Long on the Patio with Robert D'Cruz	23 10:15am Current Events DR 2:30pm Ice Cream Social	24 8:00am Breakfast Club 10:30am Tuck Shop DR 1:30 Residents Advisory Mtg	25 10:00 am Coffee/Juice Break DR 2:30pm Movie
26 10:00am Church Service -TV DR 2:30pm Hymn Sing 3:00pm Refreshment Break	27 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo Bonanza DR	28 10:15am -Tuesday Juice Day 1:30pm Chair Exercise DR	29 10:00 Baking Group 1:30 Artist Impressions 	30 		31 10:00am Coffee & Juice Break 1:30pm Bingo

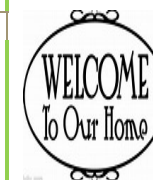


Bob Webb
Aug 9

Dan
Hunter
Aug 14

Anna
Farrell
Aug 23

Ian Corrie
Aug 24



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