

Regency Retirement Community

JULY

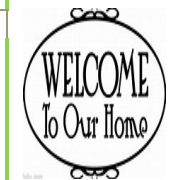


ACTIVITY CALENDAR



Marjorie
July 5

Elva
July 10



Regency
Retirement
Community

66 Dorset Street E,
Port Hope, ON
L1A 1E3 Canada
t. 905.885.4558
f. 1.855.226.9012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Canada Day 12:00 Canada Day Lunch 2:00pm Canada Day Entertainment on the Patio 	2 8:00am Breakfast Club 10:00am Tuck Shop open DR 1:30pm Bingo	3 10:00am Manicures DR 1:30pm Movie
4 10:00am Church Service DR 1:30pm Bingo DR 3:00pm Refreshment Break	5 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo DR	6 10:15am Tuesday Juice Day 1:30 pm Chair Exercise DR 	7 Strawberry Sundae Day 2:30 pm Strawberry Sundae's DR	8 Blueberry Day 10:15am Tim Horton's Coffee & Donuts 1:30PM Chair Exercise DR 	9 8:00am Breakfast Club 10:30am Tuck Shop DR 1:30pm Bingo	10 10:00am Coffee/Juice Break 2:30pm Movie
11 10:00am Church Service -TV DR 2:00pm hymn Sing 3:00pm Refreshment Break	12 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo DR	13 10:15am-Baking Group - No Bake Treats DR 1:30pm Chair exercise DR	14 10:15am Coffee & Chat DR 1:30pm Bingo	15 10:15am Try a New Brew DR 1:30pm Chair Exercise	16 8:00am Breakfast club 10:30am Tuck shop 2:00pm BirthDay Social DR	17 10:00am Coffee & Juice Break 1:30pm Movie first floor
18 10:00am Church Service-TV DR 1:30pm Bingo DR 3:00pm refreshment Break	19 10:00am Blood pressure & Weight Clinic -Wellness Centre 2:30pm Bingo DR	20 Ice Cream Soda Day 10:15am Crockpot Cooking 2:30pm ice cream Soda's DR 	21 Hot Dog Day 10:00am Sing a Long DR 2:30pm Bingo	22 Refreshment Day 10:15am Artist Impressions DR 2:30pm Ice Cream Social 	24 10:00 am Coffee/Juice Break DR 2:30pm Movie	
25 10:00am Church Service -TV DR 2:30pm Hymn Sing 3:00pm Refreshment Break	26 10:00am Blood pressure & Weight Clinic -Wellness Centre 1:30pm Bingo DR	27 10:15am Baking Group - Make Cheesecake DR 1:30pm Chair Exercise DR	28 Milk Chocolate Day 0:00	29 10:15am Try a New Brew DR 1:30pm Chair Exercise	30 Friendship Day 8:00am Breakfast club 10:30am Tuck shop 1:30pm Residents Advisory Mtg	31 10:00am Coffee & Juice Break 1:30pm Bingo
	July flower: Larkspur & Water Lily July Birthstone: Ruby	<p>CANADA DAY</p>				