

SS 2021 - WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Strawberries	Banana Half	Mandarin Oranges	Blueberries	Honeydew Melon	Banana Half	Cantaloupe Chunks
Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal
Hard Boiled Egg	Poached Egg	Scrambled Eggs	Hard Boiled Egg	Poached Egg	Fried Egg	Egg & Bacon on
Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	English Muffin
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold
Peanut Butter	Vanilla Yogurt	Peanut Butter	Cereal	Peanut Butter	Peanut Butter	Cereal
Whole Wheat Toast	Fruit Extreme Muffin		Vanilla Yogurt		Rye Toast	Peanut Butter
			Muffin Lemon			Whole Wheat Toast
			Cranberry RTS			
Garden Vegetable	Cream of Carrot Soup	Chicken Vegetable	Cream of Broccoli	Cream of Potato &	Tomato Roasted Red	Cream of Chicken
Soup	Macaroni & Cheese	Noodle Soup	Soup	Leek Soup	Pepper Bisque	Soup
Unsalted Soda	Unsalted Soda	Unsalted Soda	Chicken Caesar	Unsalted Soda	Unsalted Soda	Unsalted Soda
Crackers	Crackers	Crackers	Salad	Crackers	Crackers	Crackers
Hamburger on	Stewed Tomatoes	Battered English	Unsalted Soda	Turkey Sandwich	Perogies Casserole	Tuna Salad
Wheat Bun	Whole Wheat Bread	Style Pollock	Crackers	w/Atoli	Pickled Red Cabbage	Chickpea Vegetable
Greek Salad	Crushed Pineapple	Tartar Sauce	-	Spring Mix Lettuce	with Apples	Salad
Ketchup	-----	French Fries	Wheat Roll	Salad	Whole Wheat Bread	Wheat Roll
Mustard	Delif & Potato Salad	Coleslaw	Chilled Diced	Chilled Tropical Fruit	Mandarin Oranges	Chilled Diced Pears
Fresh Watermelon	Plate	Whole Wheat Bread	Chilled Diced	-----	-----	-----
-----	Wheat Roll	Fruit Cocktail	Peaches	Three Cheese	French Toast	Weiners & Beans
Egg Salad	Lemon Pudding	-----	BBQ Beef on Bun	Omelete	Vanilla Greek Yogurt	Sauteed Pepper &
Black Bean Corn		Country Sausage	Buttered Corn	Harvard Beets	Summer Fruit Salad	Onion
Salad		Focaccia Bun	Strawberry Mousse	Tea Biscuit	Brownie	Combread
Mini Croissant		Broccoli Florets		French Cream Cake		Vanilla Chocolate
Butterscotch Ice		Creme Caramel				Ice Cream Bar
Cream						
Thai Sweet Chili Fish	Sweet & Sour	Seasoned Cowboy	Honey Garlic Ribs	Breaded Lemon	Honey Garlic Glazed	Roast Turkey
Lemon Wedge	Chicken	Steak	Honey Garlic Sauce	Pepper Cod	Chicken	Turkey Gravy
Mashed Potatoes	Fluffy Rice	Brown Gravy	Mashed Potatoes	Oven-Browned	Herbed Potatoes	Whipped Potatoes
Sweet Balsamic	Asian Vegetables	Baked Potato	Scandinavian	Potatoes	California Vegetables	Green Beans
Brussels Sprouts	Whole Wheat Bread	Sour Cream	Vegetables	Green Peas	Whole Wheat Bread	Whole Wheat Bread
Whole Wheat Bread	Cantaloupe Chunks	Sliced Carrots	Whole Wheat Bread	Whole Wheat Bread	Fresh Grapes	Fresh Watermelon
Chilled Diced Pears	-----	Whole Wheat Bread	Fresh Apple Slices	Mango	-----	-----
-----	Baked Ham in	Chilled Apricots	-----	-----	Veal Parmesan	Meat Lasagna
Pork Chop &	Pineapple Juice	-----	Spaghetti & Tomato	Meatloaf	Buttered Spaghetti	Mixed Green Italian
Mushroom Sauce	Scalloped Potatoes		Sauce	Beef Gravy	Zucchini Medley	Salad
-	Green Peas	Turkey Cacciatore	Parsiled Cauliflower	Sunrise Vegetables	Garlic Bread	Garlic Bread
Butternut Squash	Strawberry Shortcake	Whole Green Beans	Buttertart Square	Macaronon Madness	Key Lime Pie	Homemade Apple
Lemon Chiffon		Maple Chocolate		Bar		Pie
		Mania Cake				

SS 2021 - WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fruit Cocktail	Banana Half	Chilled Tropical Fruit	Cantaloupe Chunks	Sliced Strawberries	Banana Half	Chilled Diced Peas	
Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat	
Scrambled Eggs	Hard Boiled Egg	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Fried Egg	Scrambled Eggs	
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	
Peanut Butter	Peanut Butter	Vanilla Yogurt	Cereal	Peanut Butter	Peanut Butter	Peanut Butter	Assorted Cold Cereal
Tomato & Macaroni Soup	Chicken Noodle Soup	Cream of Celery Soup	Wicked Thai Soup w/Chicken	Cream of Mushroom Soup	Italian Wedding Soup	Cream of Vegetable Soup	
Unsalted Soda	Captain Burger on WW Bun	Crispy Breaded Chicken	Unsalted Soda	Unsalted Soda	Unsalted Soda	Unsalted Soda	Unsalted Soda
Crackers	Unsalted Soda	Crackers	Crackers	Crackers	Crackers	Crackers	Crackers
Swiss & Onion Quiche	Crackers	Unsalted Soda	Three Cheese Pizza	Turkey Cranberry Sandwich on Bun	Crackers	Crackers	Pancakes
Green Peas	Tartar Sauce	Crackers	Spring Mix Lettuce Salad	Sandwich on Bun	Ketchup	Ketchup	Vanilla Yogurt
Orange Sections	Rainbow Coleslaw	Plum Sauce	Fruit Cocktail	Tuscany Bean Salad	Mustard	Mustard	Strawberries & Rhubarb Compote
	Blueberries	French Fries	Fruit Cocktail	Mandarin Oranges	Caesar Salad	Pickle Relish	Fresh Watermelon
Sliced Ham Sndw on Rye	Cottage Cheese Fruit Salad Plate	Poutine Gravy & Cheese Curd	Red Pepper Goat Cheese Fritata	Beef Taco Salad	Chilled Diced Peaches	Chilled Diced Peaches	Salmon Salad on Croissant
Tossed Ranch Salad	Ice Cream Sandwich	Mixed Salad with French Dressing	Lemony Green Beans	Raspberry Cream Cake	Four Cheese Penne Pasta Casserole	Four Cheese Penne Pasta Casserole	Red Onion Salad
Taploca Pudding		Crushed Pineapple	Maple Swirl Ice Cream		Rice Pudding	Rice Pudding	Pistachio Dark Chocolate Bar
Country Style Fried Chicken	Ginger Roast Pork	Salisbury Steak	Creamy Dijon Chicken & Mushrooms	Breaded Pollock	Honey Marinated Pork Loin	Honey Marinated Pork Loin	Roast Beef
Garlic Mashed Potatoes	Herbed Potatoes	Beef Gravy	Mushrooms	Seasoned Spinach	Boiled Red Potato	Boiled Red Potato	Beef Gravy
Calico Corn	Florentine Veg Mix	Paprika Potatoes	Fuffy Rice	Chilled Apple Slices	Sunrise Vegetables	Sunrise Vegetables	Mashed Potatoes
Honeydew Melon	Chilled Diced Peaches	Scandinavian Vegetables	Broccoli Florets	Farmers Sausage	Fresh Grapes	Fresh Grapes	Seasoned Green Beans
Swedish Meatballs	Teriyaki Turkey	Mango	Chilled Apricots	Chilled Apricots	Chilled Apricots	Chilled Apricots	Chilled Tropical Fruit
Buttered Egg	Fluffy Rice	Sole w/Lemon Pepper	BBQ Sauce Glazed Pork Ribette	Sauteed Potatoes	Lemon Pepper Chicken	Lemon Pepper Chicken	BBQ Sauce Glazed Turkey Meatloaf
Noodles	Sauteed Garlic Mushrooms	Sweet Balsamic Brussels Sprouts	Baked Beans with Pork	Sauteed Pepper & Onion	Chicken Gravy	Chicken Gravy	Whipped Squash
Cocktail Vegetables	Caramel Cheesecake	Red Velvet Cake	Macaroni & Cheese	Luscious Lemon Square	Black Forest Cake	Black Forest Cake	Cherry Pie
Chocolate Mousse			Banana Cream Pie Slice				

SS SNACK 2021 - WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice
Lemonade Drink	Peach Drink	Pear Drink	Iced Tea Drink	Grape Drink	Peach Drink	Pear Drink
Arrowroot Cookies	Raspberry Turnover Cookie	Shortbread Swirl Cookie	Chocolate Chip Cookie	Digestive Cookie	Assorted Wafer Cookies	Nutri-Grain Strawberry Bar
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Cheddar Cheese Slice	Peanut Butter Sndw Snack WW	Banana Bran Loaf Swiss Cheese Slice	Ritz Crackers Vanilla Smooth Cottage Cheese	Blueberry Bran Loaf Marble Cheese Slice	Creamy Peach Yogurt Cheese Crackers	Peanut Butter Pineapple Zucchini Loaf
Apple & Spice Loaf						

SS SNACK 2021 - WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice
Iced Tea Drink	Lemonade Drink	Peach Drink	Fruit Punch	Pear Drink	Cherry Drink	Peach Drink
Digestive Oat Bran Cookie	Fresh Grapes	Rice Krispies Bar	Chocolate Chip Cookie	Oatmeal Date Cookie	Fig Newton Cookie	Fresh Fruit
2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Breton Crackers	Banana Bran Loaf	Peanut Butter Jam	Ritz Crackers	Blueberry Bran Loaf	Creamy Strawberry Yogurt	Swiss Cheese Slice
Lemon Smooth	Marble Cheese Slice	Sndw WW Snack	Cheddar Cheese Slice	Peanut Butter	Nutri-Grain	Banana Chocolate Chip Loaf
Cottage Cheese					Blueberry Bar	

SS SNACK 2021 - WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Grape Drink Assorted Cream Cookie	Iced Tea Drink Oatmeal Date Cookie	Lemonade Drink Raspberry Turnover Cookie	Pear Drink Strawberry Turnover	Fruit Punch Mini Brownie	Peach Drink Nutri-Grain Mixed Berry Bar	Cherry Drink Peanut Butter Cookies
2% Milk Swiss Cheese Slice Mini Cheese Danish	2% Milk Peanut Butter Jam Sndw WW Snack	2% Milk Blueberry Bran Loaf Cheddar Cheese Slice	2% Milk Creamy Peach Yogurt Nutri-Grain Apple Cinnamon Bar	2% Milk Carrot Loaf Peanut Butter	2% Milk Ritz Crackers Cheddar Cheese Slice	2% Milk Mini Cream Puffs Creamy Strawberry Yogurt