



Southbridge® Owen Sound



NEWSLETTER

Item 01 — New Management Team Member

Item 02 — Life Enrichment Program

Item 03 — Construction Progress Photos

MARCH, 2022

 **SOUTHBRIDGE**
— HEALTH CARE LP —

HERE WE GROW AGAIN!



Charity Jackson, Director of Clinical Services

I was born and raised in Owen Sound. I have been working at Georgian Heights for over 30 years as a registered nurse. Long-term care for me has always been where my heart truly lies in nursing. I am very excited to be a new management team member at Southbridge Owen Sound. I am looking forward to the new challenges that lie ahead.

LIFE ENRICHMENT PROGRAM

We hope you are enjoying our monthly updates regarding your new home. The feature for this month is the platform we have acquired in the Life Enrichment Department. This new platform will support the team to deliver engaging programs that are tailored to the individual needs and interests of each resident. Some of the key features of the platform are outlined below.

In the new system the team documents individual resident preferences for areas of interest, activities, and pastimes. Based on the information gathered, the system will make recommendations for programming options. The platform considers the dimensions of well-being in the recommendations and will quickly identify any gaps or where additional programming is required. The platform will provide this data for the whole calendar, but it will also identify if additional considerations need to be given to meet the dimensions of well-being for an individual resident. The programming is very resident centered and specific to the individual which will certainly enhance the resident experience.

A regular review of resident engagement and participation will be monitored which will inform the team regarding the effectiveness of the programs and the data will support the team in ongoing consultations with residents and family members. This information will ensure the team is able to pivot and adjust the activities to meet the needs and interests of the residents. The system will also proactively alert the team if a resident needs engagement to ensure social isolation doesn't occur.

Based on resident choice and interest a personal calendar can be created to meet specific resident needs and expectations. A copy of the personalized calendar allows residents to plan their time and focus on programs or activities of interest. There can be a lot going on but there will be no fear of missing a favorite activity when this information is readily available. The Resident Home Area and Whole Home calendar of activities will always be available. Calendars and newsletters will also be available for family members and friends.

A regular review of resident participation and engagement in both personalized and large group activities will allow the team to revisit the desires and interests of residents living in the home. The team will be able to make adjustments as needed to ensure all aspects of resident well-being are addressed.

In addition, this platform is completely integrated with our current electronic health record. This creates real benefits with all resident and program documentation stored in one place. This will eliminate duplication and streamline the documentation process giving the team opportunities to spend more quality time with residents.

We are excited to showcase this platform when we are in the new home!!

MARCH, 2022



CONSTRUCTION PROGRESS PHOTOS



Drywall bulkheads underway.

Dining room drywall ready for taping and sanding.



Kitchen hood is installed.

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